



PRIVACY POLICY

This privacy policy discloses the privacy practices for www.mrhealthandfitness.com.au.

This privacy policy will notify you of the following: What personally identifiable information is collected from you through the web site and by other means, how it is used and with whom it may be shared. What choices are available to you regarding the use of your data. The security procedures in place to protect the misuse of your information. How you can correct any inaccuracies in the information. Information Collection, Use, and Sharing. We are the sole owners of the information collected on this site. We only have access to/collect information that you voluntarily give us via email or other direct contact from you. We will not sell or rent this information to anyone. We will use your information to respond to you, regarding the reason you contacted us. We will not share your information with any third party outside of our organization unless you ask us not to, we may contact you via email in the future to tell you about specials, new products or services, or changes to this privacy policy.

We respect your privacy

Mr Health & Fitness respects your right to privacy and is committed to safeguarding the privacy of our customers and website visitors. We adhere to the Australian Privacy Principles contained in the *Privacy Act 1988*. This policy sets out how we collect and treat your personal information.

“Personal information” is information we hold which is identifiable as being about you.

Collection of personal information

Mr Health & Fitness will, from time to time, receive and store personal information you enter onto our website, provided to us directly or given to us in other forums.

You may provide basic information such as your name, phone number, address and email address to enable us to send information, provide updates and process your product or service order. We may collect additional information at other times, including but not limited to, when you provide feedback, when you provide information about your personal or business affairs, change your content or email preference, respond to surveys and/or promotions, provide financial or credit card information, or communicate with our customer support.

Additionally, we may also collect any other information you provide while interacting with us.

How we collect your personal information

Mr Health & Fitness collects personal information from you in a variety of ways, including when you interact with us electronically or in person, when you access our website and when we provide our

services to you. We may receive personal information from third parties. If we do, we will protect it as set out in this Privacy Policy and in accordance with the *Privacy Act 1988*.

Use of your personal information

Mr Health & Fitness may use personal information collected from you to provide you with information, updates and our services. We may also make you aware of new and additional products, services and opportunities available to you. We may use your personal information to improve our products and services and better understand your needs.

Mr Health & Fitness may contact you by a variety of measures including, but not limited to telephone, email, SMS or mail.

Your access to and control over this information

You may opt out of any future contacts from us or to update your information at any time by emailing us via the email address or phone number given on our website.

Disclosure of your personal information

We take every precaution to protect your information transmitted by you, both online and offline. We may disclose your personal information to our employees who require your information to perform a specific job, for example, billing or customer service. The computers/servers in which we store personally identifiable information are kept in a secure environment.

Updates to our privacy policy

Our Privacy Policy may change from time to time and all updates will be posted on this page. If you feel that we are not abiding by this privacy policy, you should contact us immediately via email at info@mrhealthandfitness.com.au.